

Autumn Term 2017 : Menu Choice

	WEEK 1 served w/c: 04/09, 25/09, 16/10, 13/11 and 04/12	WEEK 2 served w/c: 11/09, 02/10, 30/10, 20/11 and 11/12	WEEK served w/c: 18/09, 09/10, 06/11, 27/11 and 18/12
Monday	<p>MEAT FREE MONDAY Quorn Tikka Masala & Brown Rice <i>Baked Potato with Beans (V)</i> Broccoli and Sweetcorn Herbie Bread</p> <p>Sticky Toffee Pudding and Custard Fresh Fruit and Yoghurt</p>	<p>Organic Pork Meatballs in Tomato Sauce with Noodles <i>Cheese Leek and Potato Bake (v)</i> Sweetcorn and Peas Wholemeal Bread</p> <p>Artic Roll and Peaches Fresh Fruit and Yoghurt</p>	<p>Tuna Jacket Potato <i>Roasted Vegetable Tomato Pasta (v)</i> Peas and Carrots Sunflower Seed Bread</p> <p>Chocolate Semolina and Mandarins Fresh Fruit and Yoghurt</p>
Tuesday	<p>Homemade Sausage Roll <i>Vegetable Frittata (v)</i> Chipped Potatoes Baked Beans or Peas Sliced Wholemeal Bread</p> <p>Strawberry Yoghurt and Abbey Biscuit Fresh Fruit and Yoghurt</p>	<p>Cottage Pie <i>Jacket Potato (v)</i> Medley of Roasted Vegetables Savoy Cabbage Pitta Bread</p> <p>Apple Cinnamon Crunch Crumble and Custard Fresh Fruit and Yoghurt</p>	<p>Minced Beef and Dumpling <i>Sweet Potato and Vegetable Bake (v)</i> Savoy Cabbage and Carrots Creamed Potatoes Crusty White Bread</p> <p>Custard Cookie and Apple Wedge Fresh Fruit and Yoghurt</p>
Wednesday	<p>Minced Beef and Yorkshire Pudding <i>Jacket Potato (v)</i> Roast Parsnips Carrots Creamed Potatoes Crusty Bread</p> <p>Apricot Bar Fresh Fruit and Yoghurt</p>	<p>Roast Chicken and Gravy <i>Crumb Topped Vegetables (v)</i> Carrots and Green Beans Parsley Potatoes Herbie Bread</p> <p>Krispie Date Crunch Fresh Fruit and Yoghurt</p>	<p>Chicken Korma and Savoury Rice <i>Jacket Potato (v)</i> Broccoli and Cauliflower Naan Bread</p> <p>Fruity Gingerbread and Custard Fresh Fruit and Yoghurt</p>
Thursday	<p>Chicken Fingers (Sage and Onion) <i>Jacket Potato (v)</i> Mixed Salad with Beetroot Baked Potato Pitta Bread</p> <p>Pineapple Shortcake and Custard Fresh Fruit and Yoghurt</p>	<p>Pizza <i>Jacket Potato (v)</i> Vegetable Sticks Chipped Potatoes Poppy Seed Bread</p> <p>Chocolate Surprise Cake and Chocolate Sauce Fresh Fruit and Yoghurt</p>	<p>Tex Mex Bake (Minced Beef and Potato Layer) <i>Cowboy Bake (v)</i> Green Salad and Tomato Salsa Poppy Seed Bread</p> <p>Autumn Marble Berry Sponge and Custard Fresh Fruit and Yoghurt</p>
Friday	<p>Battered Fish <i>Cheese Topped Veggie Burger in a Bun (v)</i> Tomato Sauce Peas and Carrot Sticks Potato Wedges Sunflower Seed Bread</p> <p>Chocolate Crispie and Orange Quarter Fresh Fruit and Yoghurt</p>	<p>Breaded Salmon Fillet Tomato Sauce <i>Macaroni Cheese (v)</i> Broccoli and Carrots Potato Wedges Tomato Bread</p> <p>Swiss Bun Fresh Fruit and Yoghurt</p>	<p>Fish Fingers <i>Cheese and Potato Tortilla (v)</i> Sweetcorn and Baked Beans Chipped Potatoes Wholemeal Bread</p> <p>Apple Cake Fresh Fruit and Yoghurt</p>

GRAB BAGS will be available for the FIRST THREE WEEKS OF TERM