

**Autumn Term 2018 : Menu Choice**

	<b>WEEK 1 served w/c: 03/09, 24/09, 15/10, 12/11, 03/12</b>	<b>WEEK 2 served w/c : 10/09, 01/10, 22/10, 19/11, 10/12</b>	<b>WEEK served w/c: 17/09, 08/10, 05/11, 26/11, 17/12</b>
Monday	<p>Salmon Nibbles Tomato Sauce Broccoli &amp; Carrots Potato Wedges Tomato Bread <i>Jacket Potato (v)</i></p> <p>Swiss Bun Yoghurt or Fresh Fruit</p>	<p>Organic Beef burger in a Bun Chipped Potatoes Peas &amp; Sweetcorn <i>Cauliflower &amp; Broccoli Gratin (v)</i></p> <p>Banana Brownie &amp; Chocolate Sauce Yoghurt or Fresh Fruit</p>	<p>Battered Fish Tomato Sauce Pea and Carrot Sticks Chipped Potatoes Sunflower Seed Bread <i>Whole-wheat Vegetable Pasty (v)</i></p> <p>Fruits of the Forest Flapjack Yoghurt or Fresh Fruit</p>
Tuesday	<p>Sweet &amp; Sour Chicken and Rice Medley of Veg Wholemeal Baguette <i>Cheese, Leek and Potato Bake (v)</i></p> <p>Toffee Apple Crumble Cake Yoghurt or Fresh Fruit</p>	<p>Chicken &amp; Tomato Pasta Green Beans Cauliflower Wholemeal Bread <i>Cowboy Bake (v)</i></p> <p>Autumn Marble Berry Sponge &amp; Custard Yoghurt and Fresh Fruit</p>	<p>Minced Beef &amp; Dumpling Sweet Potato Mash Savoy Cabbage &amp; Carrots Sunflower Seed Bread <i>Vegetable Roast (v)</i></p> <p>Sticky Date &amp; Apple Bar with Cheese Yoghurt or Fresh Fruit</p>
Wednesday	<p>Minced Beef and Yorkshire Pudding Roast Parsnips Carrots Roast Potatoes Sliced Wholemeal Break <i>Jacket Potato (v)</i></p> <p>Chocolate &amp; Orange Sponge with Chocolate Sauce Yoghurt or Fresh Fruit</p>	<p>Roast Pork with Apple Sauce &amp; Gravy Carrots &amp; Broccoli Parsley Potatoes Herbie Bread <i>Jacket Potato (v)</i></p> <p>Raspberry Bun and Apple Yoghurt or Fresh Fruit</p>	<p>Chicken &amp; Vegetable Pie Roast Potatoes Carrots &amp; Swede Crusty Break <i>Jacket Potato (v)</i></p> <p>Fruity Gingerbread &amp; Custard Yogurt or Fresh Fruit</p>
Thursday	<p>Chicken Korma &amp; Rice Cauliflower Green Beans Naan Bread <i>Roasted Vegetable Pasta (v)</i></p> <p>Pineapple Shortcake &amp; Custard Yoghurt or Fresh Fruit</p>	<p>Beef Wraps Vegetable Sticks Vegetable Rice <i>Macaroni Cheese (v)</i></p> <p>Apple Cinnamon Crunch Crumble &amp; Custard Yoghurt or Fresh Fruit</p>	<p>Pasta Bolognese Broccoli &amp; Sweetcorn Garlic Bread <i>Sweet Potato &amp; Vegetable Bake (v)</i></p> <p>Arctic Roll &amp; Peaches Yoghurt or Fresh Fruit</p>
Friday	<p>Sausages, Mash and Onion Gravy Broccoli Cauliflower 50/50 Bread <i>Jacket Potato (v)</i></p> <p>Jam Sponge &amp; Custard Yoghurt or Fresh Fruit</p>	<p>Fish Fingers Peas &amp; Baked Beans Chipped Potatoes Wholemeal Bread <i>Cheese &amp; Potato Croquette (v)</i></p> <p>Plum Upside Down Pudding &amp; Custard Yoghurt or Fresh Fruit</p>	<p>Pizza Margareta Potato Wedges Peas Carrot &amp; Orange Salad <i>Jacket Potato (v)</i></p> <p>Chocolate Semolina &amp; Mandarins Yoghurt or Fresh Fruit</p>